

WHAT CAN THE DIOCESE PROVIDE?

We have a team, trained to facilitate the process and to provide support and mentorship.

We can:

- Help you with the registration process.
- Coach your parish team through the planning process.
- Provide facilitators to help you conduct the Called and Gifted Introductory Workshop.
- Provide trained interviewers for Step 2 of the process, in person or virtually.
- Provide facilitators for the small group discernment in depth.



We believe that helping individuals to discover their charisms and accompanying them as they discern is one of the concrete ways that we can empower one another to minister with great effectiveness.

HOSTING CALLED & GIFTED AT YOUR PARISH

Put your plan into action! You will be in our prayers as you begin the process and we are here to answer any questions you may have.



FOR FURTHER INFORMATION
PLEASE CONTACT:

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Catherine of Siena Institute

CALLED & GIFTED DISCERNMENT PROCESS

*"Be who God meant you
to be and you will set the
world on fire."*

St. Catherine of Siena



WHAT IS CALLED & GIFTED?

The Called & Gifted Discernment Process was developed by the Catherine of Siena Institute. It is designed to help Christians discern the presence of charisms in their lives.

Charisms, or spiritual gifts, are special abilities given to all Christians by the Holy Spirit to represent Christ and to be channels of God's goodness for people. *"Whether extraordinary or ordinary, all charisms ought to be exercised in the service of God."* (CCC #2003)

HOW DOES INDIVIDUAL DISCERNMENT OF CHARISMS IMPACT A PARISH OR COMMUNITY?

Discerning charisms communally enables a parish/community to thrive through the gifts of its people. It is our hope that upon completion of this process, individuals will recognise the significance of their gifts and that God has called them to participate in the transformation of the church and the world in a unique and significant way by serving in ministries that correlate with their spiritual gifts.

THE USE OF CHARISMS BRINGS VIGOR TO MISSION!

Here are the tell-tale signs when you use your personal charism for the mission:

- Feeling energized and abiding joy despite tiredness, frustration, etc.
- You receive feedback from others (whether direct or indirect) that will help you to grow.
- Fruitfulness beyond what you are capable on your own!
- For many, the discernment process also brings "A-HA!" moments... this is what I am meant to do! This is where I should be!
- Greater freedom in mission.
- Knowledge of your personal charism frees you to say NO to certain tasks if it will get in the way of doing what you are meant to do!



AN OVERVIEW OF THE COMPLETE DISCERNMENT PROCESS

STEP 1

- The 'CALLED & GIFTED INTRODUCTORY WORKSHOP' lays the foundation for the beginning of discernment. During the initial Called and Gifted workshop, participants will take the Catholic Spiritual Gifts Inventory.

STEP 2

- The ONE HOUR GIFTS INTERVIEW with a trained interviewer is available in-person or virtually.
- With a trained interviewer: you will look at: inventory results, experiences and patterns then decide on one charism to discern.

STEP 3

- DISCERNMENT IN DEPTH (online or onsite) is a guided experience of intentional discernment in a small group setting. In four sessions over a period of eight weeks, you will learn how to:
 - Develop charism experiments.
 - Evaluate results.
 - Put into practice what you have learnt about discernment.

NOTE: ALL THREE PARTS OF THE PROCESS ARE NECESSARY FOR THIS DISCERNMENT PROCESS.