

# CALLED AND GIFTED



*"Be who God meant you to be and  
you will set the world on fire"*

CATHERINE OF SIENA



## BRINGING THE CALLED AND GIFTED DISCERNMENT PROCESS TO YOUR PARISH



# What is Called and Gifted?

*The Called & Gifted Discernment Process was developed by the Catherine of Siena Institute. It is designed to help Christians discern the presence of charisms in their lives. Charisms, or spiritual gifts, are special abilities given to all Christians by the Holy Spirit to give them power both to represent Christ and to be a channel of God's goodness for people. Whether extraordinary or ordinary, all charisms ought to be exercised in the service of God (Catechism of the Catholic Church, 2003)*

### HOW DOES INDIVIDUAL DISCERNMENT OF CHARISMS IMPACT A PARISH OR CHRISTIAN COMMUNITY?

Discerning charisms communally enables a parish to thrive on the gifts of its people. It is our hope that upon completion of this process, individuals will recognize the significance of their gifts and that God

has called them to participate in the transformation of the church and the world in a unique and significant way by serving in ministries that correlate with their spiritual gifts.



# Hosting Called and Gifted at Your Parish

*All three parts of the process are necessary for discovering where you are gifted:*

## STEP 1

The CALLED AND GIFTED INTRODUCTORY WORKSHOP lays the foundation for the beginning of discernment. During the initial Called and Gifted workshop, participants will take the Catholic Spiritual Gifts Inventory.

## STEP 2

The ONE HOUR GIFTS INTERVIEW with a trained interviewer is available in-person or virtually through the Called and Gifted Diocesan team or through the Catherine of Siena Institute

## STEP 3

DISCERNMENT IN DEPTH is a guided experience of intentional discernment in a small group setting. In four sessions over a period of six to eight weeks, you will learn how to:

- develop charism experiments
- evaluate your results
- put into practice what you learned about discernment



**FOR MORE INFORMATION PLEASE CONTACT**

**SR. MALOU TIBAYAN**

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# What can the Diocese provide?

*We believe that helping individuals to discover their charism and accompanying them as they discern is one of the concrete ways that we can empower one another to minister with great effectiveness.*

We have a Diocesan team, trained to facilitate the process and to provide support and mentorship.

We can:

- help you with the registration process
- coach your parish team through planning stages
- provide facilitators/mentors to help you conduct the Called and Gifted Introductory Workshop
- provide trained interviewers for step 2 of the process, in-person or virtually
- provide facilitators for the small group discernment in depth

Put your plan into action! You will be in our prayers as you begin the process and we are here to answer any questions you may have.

Please call Sr. Malou Tibayan 306-371-7434 or email [mtibayan@rcdos.ca](mailto:mtibayan@rcdos.ca)

