



Supporting one another with tenderness and love

Daily Prayer

Prayer Intention: For single parents

God of love and tenderness, we pray for single parents, that you may be their guide, their protector, and their safe refuge.

Grant them the grace to provide for the emotional, physical and spiritual needs of their children.

In your loving mercy comfort all single parents in times of need and bring healing to their unique suffering.

We ask this through Christ our Lord. Amen.

Daily Activity for Families:

Single parents can often struggle with feeling isolated or marginalized. If you know someone who is a single parent in your community or church, consider extending yourself to them and their children. You can reach out to them to introduce yourself and get to know them. Other ideas could be dropping off a meal, offering babysitting for an hour, or inviting them over for dinner.

Daily Activity for the Parish:

In your parish community, is there an opportunity to establish a network of single parents and their children with others in similar situations? Monthly prayer events or online scripture studies can be a good way to bring single parents together with each other, as well as other families.

St. Margaret of Cortona

Saint Margaret of Cortona was a single mother to her son after his father was murdered. Saint Margaret transformed her life into one of purity, prayer, and penance. She devoted her life to working with the sick and the poor.

More information on Saint Margaret of Cortona, read here: bit.ly/StMargaretofCortona



National
Family & Life Week
May 7-14, 2023 *Love one another*

Today's prayer intention and family activity was developed in collaboration with Momentum, a ministry supporting Catholic single mothers. Visit Momentum's website here: www.momentummothers.org