

#### Roman Catholic Diocese of Saskatoon

# Foundations:

## EXPLORING OUR FAITH TOGETHER

www.saskatoonrcdiocese.com

Lent 2014

# Delving into insight and inspiration of Pope Francis' latest apostolic exhortation

During Lent, the diocesan Foundations: *Exploring Our Faith Together* program will offer a clear overview of Pope Francis' latest apostolic exhortation to the faithful.

Entitled *Evangelii Gaudium* or "The Joy of the Gospel," this letter from Pope Francis lays out his vision for a renewed missionary spirit in the whole Church: credible, strong and energized for a new evangelization in these times.

Fr. Bernard de Margerie and Sr. Teresita Kambeitz – two well-known speakers/teachers in our diocese – will together explore the beauty and the challenge of this document, and how it can transform and energize our faith.

The "Joy of the Gospel" series will be presented 7 p.m. to 8:40 p.m. on three Wednesdays: March 19, March 26 and April 2 at St. Paul Co-Cathedral, 720 Spadina Cres. East in Saskatoon.

Pre-registration is NOT required: attend one, two or all three sessions! (There will be an opportunity to make a free will offering.)

Foundations: Exploring Our Faith Together is supported by the Bishop's Annual Appeal. For more info visit: www.saskatoonrcdiocese.com/foundations



"The Joy of the Gospel" will be explored in a series by Sr. Teresita Kambeitz and Fr. Bernard de Margerie held at St. Paul Co-Cathedral:

7 p.m. Wednesday March 19 - The dynamite of encountering Jesus, The Risen Lord.

7 p.m. Wednesday March 26 - The lens through which we view our world.

**7 p.m. Wednesday April 2 -** What we learn from inclusion of the poor and from social dialogue; how to avoid "spiritual power outages" and how to find "life in abundance" (John 10:10).

**Evangelii Gaudium:** "The primary reason for evangelizing is the love of Jesus which we have received, the experience of salvation which urges us to ever greater love of him. What kind of love would not feel the need to speak of the beloved, to point him out, to make him known? If we do not feel an intense desire to share this love, we need to pray insistently that he will once more touch our hearts. We need to implore his grace daily, asking him to open our cold hearts and shake up our lukewarm and superficial existence." "264 - Pope Francis www.vatican.va/holy\_father/francesco/apost\_exhortations/index\_en.htm

# Lenten Prayer Retreat focuses on three Sunday gospels in Lent



A Lenten Prayer Retreat will be offered by the diocesan Foundations: *Exploring Our Faith Together* program from 7 p.m. to 9 p.m. on three evenings: March 24, March 31 and April 7.

Held at the Cathedral of the Holy Family in Saskatoon, and facilitated by Gisele Bauche, the prayer retreat will include different prayer forms, including Lectio Divina, Meditation and Taizé Prayer. Each session will be centred on the Sunday gospel for that week:

- 7 p.m. Monday, March 24 The Woman at the Well
- 7 p.m. Monday, March 31 The Man Born Blind
- 7 p.m. Monday, April 7 The Raising of Lazarus.

Attend one, two, or all three of these prayer-focused sessions. Pre-registration is NOT necessary. Come and join us for this time of prayer! Everyone is welcome. (There will be a free will offering.)

### FOUNDATIONS: EXPLORING OUR FAITH TOGETHER

General Information: Cost of each course is \$5 for a single two-hour session. High school students are free.

Everyone is welcome to attend any of the sessions – it is not necessary to be a member of the parish organizing the event.

Pre-registration with the contact person is required.

These faith enrichment programs are organized through the diocesan Foundations: Exploring Our Faith Together office at the Catholic Pastoral Centre. For more information, contact Sharon Powell at (306) 659-5831 or toll free: 1-877-661-5005, Ext. 831.

## **Holy Yoga: Foundation in Christ**

Facilitators: Diane Waldbillig and Melissa Esford

9 a..m. to 10 a.m. Saturdays until March 29

Cathedral of the Holy Family, 123 Nelson Rd, SASKATOON

Christ-centred yoga uses prayer and scripture to deepen our relationship with Jesus, while getting some exercise. Call Diane Waldbillig for more information: (306) 668-1085 or e-mail dianew@holyyoga.net

### **Trinity Yoga**

**Facilitator: Shirley Berthelet** 

7:15 to 8:15 p.m. Mondays until March 17, Spring Session begins Monday, March 31 St. Anne, 217 Lenore Drive, SASKATOON

Welcome to being a body. "Our bodies are essential to our humanity, to everything we do. Indeed, our entire spiritual lives are experienced in and through our bodies." - Excerpt from *Theology of the Body for Everybody* by Leah Perrault. Call Shirley Berthelet for more information: (306) 978-7242 or e-mail: shirley@centerforlivingwell.org

#### The Seven Last Statements of Jesus

Facilitator: Sr. Teresita Kambeitz, OSU

1 p.m. Wednesday, March 12

Columbian Manor, 2940 Louise Street, SASKATOON

A meditation upon Jesus's words from the cross leads us into the mystery of "letting go" and finding new life. To register, contact Dorothy at (306) 668-2048.

#### Making Sense of the Old Testament

Facilitator: Fr. Matthew Ramsay

7 p.m. Thursday, March 20

St. Theresa, 208 Little Flower Ave, ROSETOWN, SK.

Sometimes the Old Testament readings at Mass are confusing, disturbing, and hard to apply to real life. This Foundations course puts the pieces together, helping you to understand the big picture of the Old Testament and make sense of the small sections you hear each week. To register for the session March 20 in **Rosetown**, contact Judy at (306) 882-2488. To register for the session March 27 in **Viscount**, contact Cindy at (306) 944-4573.

#### Who Do You Say I Am?

Facilitator: Sr. Teresita Kambeitz, OSU 11 a.m. Saturday, March 22

Sacred Heart, 317 Main St., ESTON, SK.

Our answer to this question posed by Jesus in the gospel will determine our future here and in eternity. A visual presentation traces responses made by the faith community over the centuries and will challenge us to form our own response. To register, contact Angie at (306) 962-4382.

### Reflections on Köder's Last Supper Painting

Facilitator: Fr. Paul Fachet, OMI

7 p.m. Tuesday, March 25

St. Francis Xavier, 222 Willow Street, SASKATOON

(at the corner of Hilliard Street and Melrose Avenue)

When Jesus served the disciples by washing their feet at the Last Supper, he meant it as a sign for them – and for us – to do likewise. Fr. Paul Fachet, OMI, will use a painting by German Catholic priest Sieger Köder to reflect upon the theology of the Last Supper account in the Gospel of John. To register, contact Irene at (306) 933-1108.

### Bless Me Father, For I Have Sinned

Facilitator: Sr. Teresita Kambeitz, OSU

After the 11 a.m. Mass and lunch, Sunday, March 30 Immaculate Heart of Mary, Pangman Street, OUTLOOK, SK.

or

7 p.m. Wednesday, April 9

St. Theresa, 208 Little Flower Ave, ROSETOWN, SK.

Do adults celebrate the sacrament of reconciliation (go to confession) in the same way they learned as children? This session offers an option to the "list" method, presenting a style more suited to adult moral development. To register for the March 30 session in **Outlook**, contact Bill at (306) 846-2161. To register for the April 9 session in **Rosetown**, contact Judy at (306) 882-2488.

### Mary, Woman of Our Day

Facilitator: Sr. Dianne Sehn, OSU

7 p.m., Wednesday, April 2

St. Anne, 316 1st Street West, DELISLE, SK.

This session explores our images of Mary—as a vibrant woman, whose example and life teaches us how to live our Baptismal commitment. To register, contact Rose-Anne at (306) 493-2233.

#### The Theology of Johnny Cash

**Facilitator: Blake Sittler** 

7 p.m., Thursday, May 1

St. Francis Xavier, 222 Willow Street, SASKATOON

(at the corner of Hilliard Street and Melrose Avenue)

Visiting different aspects of Catholic theology using the lyrics and the life of Johnny Cash. To register, contact Irene at (306) 933-1108.

# What's So Special About the Gospel of Matthew?

Facilitator: Sr. Teresita Kambeitz, OSU

7 p.m., Tuesday, May 6

St. Francis Xavier, 222 Willow Street, SASKATOON

(Corner of Hilliard Street and Melrose Avenue)

Placed at the beginning of the New Testament, the Gospel of Matthew has been the favorite gospel of the Church. Find out why. To register, contact: Irene at (306) 933-1108.

**Roman Catholic Diocese of Saskatoon** 

# **Annual General Meeting**

3 p.m. - 4 p.m. Saturday, March 22

Cathedral of the Holy Family, 123 Nelson Road, Saskatoon Everyone welcome!

# Marriage Appreciation Banquet & Dance Saturday, March 22 at Holy Spirit Church in Saskatoon

Begins at 5 p.m. with Mass with Bishop Don Bolen, followed by cocktails at 6:15 p.m., banquet at 7 p.m. featuring guest speakers Harry and Judy Strauss on "Marriage a Good Return," followed by a dance. FREE for those providing marriage ministry. Others: \$50/couple. Call: (306) 659-5831.